

FIND HELP IN THE BIBLE

WHEN YOU ARE FACING...

@running_redeemed

Anger

1. Ephesians 4:31
2. Ephesians 4:32
3. James 1:19-20

Anxiety

4. 1 Peter 5:7
5. Matthew 11:28-30
6. Proverbs 12:25

Crisis

7. Jeremiah 29:11
8. Proverbs 3:5-6
9. Proverbs 3:7

Depression

10. Nehemiah 8:10
11. Hosea 6:1
12. Psalm 5:11

Discouragement

13. Romans 12:11-12
14. John 14:27
15. Deuteronomy 31:8

Fear

16. Isaiah 41:13
17. Joshua 1:9
18. Psalm 46:1-3

Grief

19. 1 Thess 4:13
20. John 11:25-26
21. Matthew 5:4

Illness

22. Acts 3:16
23. James 5:16
24. Jeremiah 17:14

Loneliness

25. Deuteronomy 31:6
26. Isaiah 43:2
27. Hebrews 13:5

Temptation

28. Ephesians 5:11
29. Hebrews 4:15
30. James 1:12
31. James 1:14