



NOVEMBER 2021



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Lesson 7 -#8 to the end	2 Lesson 8 -Fitness Goal -Warm Up	3 Lesson 8 -Eye Problems	4 Lesson 8 -Worry Problems	5 Lesson 8 -Greed Problems Through the end	6
7	ZOOM CALL 8 Lesson 9 -Fitness Goal -Warm Up	9 Lesson 9 -A dedicated tool -A renewed tool	10 Lesson 9 -A serving tool	11 Lesson 9 -A useful tool To the end	12 Lesson 10 -Fitness Goal -Warm Up	13
14	15 Lesson 10 -Christ's physical birth -Christ's victory	16 Lesson 10 -Christ's Example Through the end	17 Lesson 11 -Fitness Goal -Warm Up	18 Lesson 11 -God's future plan for changing our bodies	19 Lesson 11 -Pages 98-100	20
21	22 Lesson 11 Pages 101-102	23	24	25	26	27
28	29	30 Final ZOOM CALL				